
OFFICE VISIT RECORDS - Patient Problem Detail

Patient's Name: _____ **Date:** _____

Guardian/Parent Name: _____

What is the reason for your visit: _____

When was the onset of this problem: _____

On a scale of 1-10, with 10 being the highest, how would you rate your pain? _____

The onset of this problem was?:

- ☐ Gradual ☐ Sudden ☐ Without accident or injury
- ☐ After accident or injury
- ☐ Work-Related

How can the current problem be described?

- ☐ Aching ☐ Burning ☐ Constant ☐ Cramping ☐ Deep
- ☐ Dull ☐ Excruciating ☐ Intermittent ☐ Pressure
- ☐ Sharp ☐ Shooting ☐ Stabbing ☐ Throbbing

Symptoms Improve with?

- ☐ Activity ☐ Heat ☐ Ice/Cold ☐ Medication ☐ Rest

Additional symptoms you're experiencing:

- ☐ Bruising ☐ Chills ☐ Fatigue ☐ Fever ☐ Headaches
- ☐ Instability ☐ Limited Motion ☐ Numbness
- ☐ Popping/Snapping/Clicking ☐ Sleep Disturbance ☐ Stiffness
- ☐ Swelling ☐ Tenderness ☐ Tingling ☐ Weakness

Does the pain radiate to another body part: _____

What time of day are your symptoms the worst:

- ☐ Morning ☐ Afternoon ☐ Evening ☐ Night ☐ Unchanged

What treatments have you tried for this problem (duration & outcome):

- ☐ Medications: _____
- ☐ Physical Therapy: _____
- ☐ Braces/Orthotics: _____
- ☐ Walking Aids (Crutches, Cane, Walker, Wheelchair):

- ☐ Injections (type): _____
- ☐ Weight Loss (Attempted): _____

How far can you walk:

- ☐ Around the house ☐ 1 Block ☐ ½ Mile ☐ 1 Mile ☐ More